

Finley B. Frechette

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EDUCATION

Cornell University, College of Agriculture and Life Science Ithaca, NY *May 2021 (expected)*
B.S. in Communication, with Media Studies Focus; Minor in Leadership
Honors: Dean's List (2 semesters); All-ECAC Hockey Academic Team (3 years); Quill & Dagger Senior Honor Society

St. Paul's School Concord, NH (*12-season Varsity Athlete, 4 season captain*) *Class of 2017*
Honors: Graduated *cum laude*, recipient of the Loomis Medal--the highest award for a female student-athlete.

ATHLETICS & LEADERSHIP

Cornell University Varsity Ice Hockey & Varsity Lacrosse Ithaca, NY *September 2017 - Present*

- 2-sport Division 1 Athlete; A. Captain Varsity Ice Hockey Team 2020-2021
- Selected to represent both teams in the Big Red Leadership Institute, and Student Athletic Advisory Committee (SAAC)
- Director of Social Media for Cornell Women's Ice Hockey and Big Red Leadership Institute
- Volunteer: Feed My Starving Children, Do It For Daron, Salvation Army, Headway Foundation

Women's Sports Foundation & NBC Sports Group Mentorship Program Virtual *September 2020- Present*

- Selected as one of 20 female student-athletes to participate in the leadership program.
- Paired with a mentor where I shadow, learn operations, and expand my knowledge of the sports industry.
- Focused on career development, interpersonal communication, and skills to successfully navigate the workplace.

EXPERIENCE

CNN News Bureau Intern New York, NY *Summer 2019*

- Pitched, researched, and wrote multiple articles including a piece on the Premier Lacrosse League (PLL).
- Interviewed US Soccer's Tim Howard for CNN International TV, attended federal court hearings, investigated stories before news broke, conducted multiple MOS (Man on Street) interviews.
- Trained in **MediaSource, SEO, MIRA, CMS, LiveU**.
- Awarded best intern project that was pitched to and voted on by C-Suite Executives.

ESPN-Ithaca Intern Ithaca, NY *January 2018 - Present*

- Gaining experience in **AudioVault** as well as cutting, recording, and editing content using **Adobe Applications**.
- Commentating play-by-play and color commentary for ESPN-Ithaca covered games.
- Produce content for ESPN-Ithaca's original talk show *Between The Lines*; Curate content for all social media platforms.

Host and Co-Producer of The Podcast Over The Goal Line Ithaca, NY *September 2019 - January 2021*

- Founded, hosted, and co-produced Over The Goal Line, a Cornell University Women's Ice Hockey Podcast.
- Responsible for all content creation, recording, editing, and co-production with 5,000+ all-time downloads.
- Posted to all major streaming platforms; Fluent in **GarageBand**, and **Adobe Audition**.

NESN Grand Slam Training Series Extern Virtual/Boston, MA *Summer 2020*

- Selected to participate in NESN's 8-week Program, exposed to sessions focused on professional development within NESN and the greater sports industry, including broadcasting, production, journalism, operations, digital, and finance.

Radio Host for Cornell Radio Show "Fun Guys" Ithaca, NY *September 2019 - November 2020*

- Founded and co-hosting the show "Fun Guys," a weekly radio show to discuss big events in sports with a humorous twist.
- Responsible for complete production of the show with one classmate colleague.

Host of Cornell Men's Hockey Red Hot Hockey Virtual Event Ithaca, NY *November 2020*

- Selected by Cornell's Athletic Administration to host the virtual Red Hot Hockey event, for 1,500+ people.
- Interviewed Head Coach, Mike Schafer, and Hall of Famers Joe Nieuwendyk and Ken Dryden.

WRFI Radio Co-host and Contributor Ithaca, NY *September 2019 - January 2021*

- Co-hosted, wrote scripts, and created specialty pieces on local Ithaca, NY news for WRFI Community Radio.

Host and Producer of The Podcast AMPED Ithaca, NY *February 2021- Present*

- Launched, host, and produce AMPED, a Big Red Sports Network Podcast; Identify underrepresented female athletes and tell their stories.