

Finley B. Frechette

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EDUCATION

Cornell University, College of Agriculture and Life Science *Present-2021, expected* Ithaca, NY

- Bachelor of Science in Communication, Media Studies Focus; Leadership Minor.
- Member of the Women's Varsity Hockey Team (A. Captain 2020-2021), and the Women's Varsity Lacrosse Team.
- Deans List, Fall 2019 and All ECAC Hockey Academic Team 2017-2018, 2018-2019, 2019-2020.
- Quill and Dagger Senior Honor Society 129th Vernal Class.

St. Paul's School *2013-2017* Concord, NH

- Graduated Cum Laude.
- 12 season varsity athlete, 4 season captain. Recipient of the Loomis Medal, the highest award for a female student-athlete.

EXPERIENCE

CNN News Bureau Intern *Summer 2019* New York, NY

- Pitched, researched, and wrote multiple articles for CNN Digital.
- Interviewed sources including Tim Howard for CNN International TV, attended federal court hearings, investigated stories before news broke, conducted multiple MOS (Man on Street) interviews.
- Trained in MediaSource, SEO, MIRA, CMS, LiveU, and basic introduction to Adobe products.
- Awarded best intern project for a CNN Vertical that was pitched to and voted on by CNN executives.

NESN Grand Slam Training Series Extern *Summer 2020* Boston, MA

- Selected by NESN to participate in their 8-week Externship Program, the "Grand Slam Training Series."
- Exposed to live sessions focusing on professional development within NESN and the greater sports industry, including broadcasting, production, journalism, operations, digital, and finance.

Host and Co-Producer of The Podcast Over The Goal Line *Fall 2019- Present* Ithaca, NY

- Founded, hosting, and co-producing Over The Goal Line, a Cornell University Women's Ice Hockey Podcast.
- Responsible for all content creation, recording, editing, and co-production with 4,500+ all-time downloads.
- Bi-weekly posting to all major streaming services including Spotify, iHeartRadio, Amazon Music, and Apple Podcasts.

ESPN-Ithaca Radio Intern *2018-Present* Ithaca, NY

- Gaining experience in AudioVault as well as cutting, creating, producing, and editing content using Adobe Applications.
- Commentating play-by-play and color commentary for selected ESPN-Ithaca covered games.
- Helping produce ideas and content for ESPN-Ithaca's original sports talk show *Between The Lines*.
- Curate content for ESPN-Ithaca's social media accounts (Instagram, Twitter, and Facebook).

Radio Host for Cornell Radio Show "Fun Guys" *Fall 2019- Present* Ithaca, NY

- Founded and co-hosting the Cornell Radio show "Fun Guys," a weekly radio show to discuss big events in sports, news, and music from the US and Canada with a humorous twist.
- Responsible for complete production of the show with one classmate colleague.

WRFI Radio Co-host and Contributor *Fall 2019-Present* Ithaca, NY

- Co-hosting, writing scripts, and creating specialty pieces on local news for WRFI Community Radio.

Host of Cornell Men's Hockey Red Hot Hockey Virtual Event *November 2020* Ithaca, NY

- Selected by Cornell's Athletic Administration to host the virtual Red Hot Hockey event, for over 1,500 people.
- Interviewed Head Coach, Mike Schafer, and Hall of Famers Joe Nieuwendyk and Ken Dryden.

NBC Sports Group & WSF Mentorship Program *Fall 2020- Present* Virtual

- Selected as one of 20 female student-athletes for the NBCSG and Women in Sports Foundation Mentorship Program.
- Paired with a mentor where I shadow, learn operations, and expand my knowledge of the sports industry.
- Focused on career development, interpersonal communication, and skills to successfully navigate the workplace.

SKILLS & ACTIVITIES

Computer	Adobe Creative Suite, Pro Tools, GarageBand, Google Suite, SEO, LiveU, AudioVault, PowerPoint
Social Media	Director of Social Media for Cornell Women's Hockey and Big Red Leadership Institute
Volunteering	Feed My Starving Children, Do It For Daron, Special Olympics, Salvation Army
On Campus	Big Red Leadership Institute (BRLI), Student Athletic Advisory Committee (SAAC)